

DR. NAVNEET ARORA

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PROFILE



Dr. Navneet Arora is a teacher by profession and at heart. He is a renowned value educator and a passionate motivational speaker. He has delivered several hundred talks on moral values, human relationships, altruism and spirituality throughout India and abroad, in distinguished gatherings. Various local newspapers and media outlets have covered these lectures.

Dr. Arora has been actively involved in social service through local and national organizations. Managing to make time from a demanding work schedule as a Professor in IIT, he devotes most of his free time to pursuing his passion for social causes. He has also authored nine books on topics related to self-improvement and spirituality, which have had a positive impact on people of all age groups and from all walks of life.

SOCIAL CONTRIBUTIONS

- Delivered **motivational talks** for over 25 years, in wide ranging settings from premier education institutions to slums and at various social institutions like orphanages, senior care centers, leprosy homes and prisons. Some topics:
 - Importance of values in life
 - Personality development and positive thinking
 - Excellence through self-management
- Founding President and Director of **Better Life Training Institute, Roorkee (Regd.)** Estd. 2002. He has been instrumental in establishing various centers (आत्म-बल विकास केंद्र) in India, which promote social service and propagate moral values in day-to-day life.
- Organized hundreds of **'Personality Development Camps'** for kids in India.
- **Author of nine self-improvement books** that teach us to look within and find happiness and perspective. Some titles:
 - मेरे माता-पिता व मेरे बच्चे (My parents and my children)
 - आत्मा की खुराक (Food for soul)
 - जीने की कला (The art of how to live)
- Founding **Editor** of a bilingual (English/ Hindi) monthly journal titled '**Satya Dev Samvaad**' that focuses on spirituality, ethics and philosophy of Devatma.

“We make a living by what we get, but we make a life by what we give.”

- Winston Churchill